THE IMPACTS OF BULLYING EXPERIENCED BY DAELYN RICE IN THE NOVEL BY THE TIME YOU READ THIS I'LL BE DEAD

Putri Aghitstha Salsabila English Department, Faculty of Letters and Culture, Universitas Gunadarma Jl. Margonda Raya No. 100 Depok 16424 Jawa Barat orangeaghitstha@gmail.com

Abstract

This research is about the impacts of bullying in Julie Anne Peters's novel entitled By The Time You Read This I'll be Dead. The purposes of this research are to identify the kinds of bullying and investigate the impacts of bullying experienced by the main character, Daelyn Rice. Researcher used qualitative methods. Researcher used two data sources: primary and secondary. Primary data is By The Time You Read This I'll be Dead novel by Julie Anne Peters. The sources of secondary data are taken from other sources related the research, such as website, dictionary, and some books which support this research. The results of this research show: 1) Daelyn Rice has three kinds of bullying experienced, that are: Physical bullying, Verbal bullying, and Psychological or Social bullying. 2) Daelyn Rice has four impacts of bullying experienced, that are: Academic impact, Social impact, Psychological impact and Physical impact.

Keywords: bullying, impacts of bullying, kinds of bullying

INTRODUCTION

Bullying can be defined as the one of the violence that a child or teen does. Bullying is repeated behavior by youth that intends to cause harm or injury to another. Most of bullying happened in the school, where children spend lots of time together in the classroom, on the school playground, and on the school bus. There are various forms of bullying: physical bullying such as pushing and kicking, verbal bullying such as name calling and racist, electronic bullying by using technology to bully someone and social bullying such as excluding someone from a group. In this research, the researcher takes this novel because this novel is related to the bullying topic. The novel By The Time You Read This, I'll be Dead entered in Goodreads Choice Award Nominee for Young Adult Fiction (2010). The novel is interesting to discuss because the ending of this novel is ambiguous, because Daelyn Rice as a main character in this novel, she has already tried more than once to commit suicide. The last sentence in the last chapter has two meanings, she killed herself or she did not killed herself, so the readers could interpret it in their own way.

Donellan (2006) defined that bullying takes on many forms, such as; (a) leaving people out of a social circle; (b) racist and homophobic abuse; (c) being singled out as "different"; (d) sexual abuse and discrimination; (e) being taunted about family situation; (f) being forced to hand over money and possessions; (g) physical and violent attacks.

It is important to have a good understanding of bullying by discussing the experience of bullying of the main character. It can help us to gaining knowledge about bullying, identify kinds and impact of bullying and also solving and finding solutions to prevent bullying.

Tempo. Co was reported Boy Dead After School Bullying. Sunday, May 25, 2014 Fajar Murdianto (12), a student at Klumprit 1 Elementary School in Sukoharjo, Central Java, died after being in a coma for two weeks at a local hospital since early May. His uncle, Surono (40) said that before being treated at the hospital, his nephew was often beat up by his classmates. From the report is explained that bullying phenomenon has a negatively affects for today's youth.

Based on the research background, this research discussed on this following problem, there are: What kinds of bullying are experienced by Daelyn Rice in the novel *By The Time You Read This, I'll be Dead?* and What are the impacts of bullying experienced by Daelyn Rice in the novel *By The Time You Read This, I'll be Dead?*

Several related studies have been done in this research, Nanda (2017) with Protest Against Child Bullying in Rainbow Rowells' Eleanor & Park (2013): A Sociological Perspective. This research is about the bullying phenomena in Rainbow Rowell's novel entitled Eleanor and Park, to reveal how is bullying happens at school, who is a victim, when and where bullying happens, and how Rowell builds Eleanor in

her story with poor characters by using Sociological perspective. The result of this research show: 1) the bullying phenomenon at the school, 2) who, where, when, and how bullying happens, 3) how does Rainbow Rowell build a Eleanor as an object of bullying. The similarity of this research with Nanda's research is about bullying as the topic of the research. Meanwhile, the differences are the problem and the object of the research. The problem in this research is discussing kinds and the impacts of bullying to Daelyn Rice, meanwhile the problem of the first research was discussed about bullying phenomena at the school, who, where, when, and how bullying happen, and how does Rainbow Rowell build Eleanor as an object of bullying. In this research the object is Daelyn Rice as a main character in Julie Anne Peters's By The Time You Read This I'll be Dead novel, on the other hand the object of the Nanda's research is Eleanor as a main character in Rainbow Rowell's Eleanor and Park novel.

On the other hand, Karina (2014) with entitled *Mental Bullying and Its Impact To Victoria Dawson in Danielle Steel's Big Girl*. Victoria Dawson mental bullying has become the main topic of this study. Thus, this study focuses on three major problems, (1) What mental bullying is experienced by Victoria Dawson in Danielle Steel's Big Girl, (2) What are the causes of Victoria Dawson mental bullying in Danielle Steel's Big Girl, and (3) What are the impacts of Victoria

Dawson mental bullying in Danielle Steel's Big Girl. the similarity in this research with Karina's research is about bullying as the topic of the research, and one of the problems of the research is the impact of bullying. Then, the differences are the object and the problem of the research. In this research the object is Daelyn Rice as a main character in Julie Anne Peters's By The Time You Read It I'll be Dead novel, meanwhile the object of the Karina's research is Danielle Steel's Big Girl novel. Then the problem in this research is discussing kinds of bullying experienced to Daelyn Rice, meanwhile the problems of Karina's research was discussed about mental bullying experienced to Victoria Dawson, and the causes of mental bullying.

Another related study Ita (2017) entitled Bullying Reflected In Okky Madasari's Bound (2013) Novel. This study is about Bullying Reflected In Okky Madasari's Bound (2013) Novel. This study uses psychoanalytic theory by Sigmund Freud. The purposes of this study are to determine the bullying action that he experienced by the main character in the Bound novel and also to find out the impacts arising from these bullying actions. The similarity with Ita's research are the topic and the problem of the research. Both of Ita's research and this research are discussing about bullying, and the problem is kinds of bullying and impact of bullying. Then, the difference is the object of the research. In this research the object is Daelyn Rice as a main character in Julie Anne Peters's By The Time You Read This I'll be Dead novel, on the other hand the object of the third research is Sasana as a main character in Okky Madasari's Bound novel.

The researcher takes interest in this topic because bullying still has a negatively affects for today's youth. This research focuses on the experience of bullying such as kinds and impact of bullying by Daelyn Rice as main character in the novel "By The Time You Read This I'll be Dead". According to Rigby (2013), Bullying is a desire to hurt + hurtful action + a power imbalance + (typically) repetition + an unjust use of power + evident enjoyment by the aggressor and a sense of being oppressed on the part of the victim. In addition, Scotia (2013, p.6) states that bullying occurs when someone repeatedly tries to hurt another person's body, feelings, self-esteem, reputation, or property. Helping or encouraging someone to bully another person is also bullying. Meanwhile, Craig and Pepler (1998) defines that bullying as negative actions physically or verbally that shows hostility, causing distress to the victim, usually within a certain time and involves a power differential between the subject and the victim.

Farrington and Ttofi (2010, p. 8) states that bullying has been recognized of the three following kinds: *Physical bullying* is a kind of bullying involve students who bully others, however, often have trouble with self-control. Example: hitting, kicking, tripping, pinching, and pushing or damaging the

property of another person. Verbal bullying is when an individual or group of people use verbal language to gain power over someone who get bullied. Example: name-calling, insulting, teasing, intimidating, making homophobic or racist remarks, or verbally abusing another person. Psychological or social bullying is designed to harm another persons' social reputation and/or cause this person humiliation. Example: lying and spreading rumours, hurtfully mimicking behaviour, playing nasty jokes designed to embarrassment and humiliation, cause damaging someone's social reputation or social acceptance, encouraging others to socially exclude another person, mobbing, and making negative facial or physical gestures, menacing or contemptuous looks, towards another person.

According to SEJIWA.org (accessed on March 7, 2019), impacts of bullying are divided into five, namely: Academic Impact, this refers to the impact that affects the victim's academic activities and achievements, such as poor learning achievement, difficult concentration in learning, skipping school or quitting until school phobia. Social Impact, this refers to social life of someone and how to socialize and adapt each other, for example: shy, isolated, passive, not confident and difficult to get along. Psychological *Impact*, this refers to bad mental condition of someone who get bullied, such as moody, depressed, revenge, eager to escape even suicide. Physical Impact, this refers to the impact that affects the victim's physic and condition of the victim's body, such as painful, easily anxious, looking unhealthy, avoiding eye contact, body language indicates self-esteem. *To the future*, if the victim does not rise quickly, may continue to suffer from life in trauma or in the perpetrator, if accustomed to violence, then it may be a perpetrator of criminals in the future.

Based on the expert's statement, it can be concluded that bullying takes many form, such as physical, verbal, social/psychological bullying. Then, bullying is negative action that can causes negative impact to the victim. It can be academic impact such ase poor learning achievement, social impact such as difficult to get along, psychological impact such as depressed, physical impact such as avoiding eye contact.

METHODS

This research conducted a qualitative descriptive method to identify the kinds and investigate the impacts of bullying experienced by Daelyn Rice in the novel By The Time You Read This I'll be Dead. The used Farrington and Ttofi's theory and Sejiwa's theory to analyzing. The primary data in this research is novel entitled "By The Time You Read This I'll be Dead" by Julie Anne Peters (2010). The novel has 23 chapters and 200 pages, the genre of this novel is young adult and fiction. It was published in January 5th 2010 by Disney Hyperion, New York, USA. The data

collections are in the following phases: First, the researcher reading the data several times and understanding the story. Second, the researcher marking all the important dialogue, gesture and sentence in order. Afterwards, identifying the kinds of bullying experienced by Daelyn Rice as main character by underlining related the problem according to theory of kinds of bullying by Farrington and Ttofi. Fourth, identifying, the impacts of bullying experienced by Daelyn Rice as main character by underlining related the problem according to theory of impacts of bullying by Sejiwa.

In analyzing data, the researcher used the following procedure: First, the researcher analyzing the kinds of bullying experienced by Daelyn Rice as the object of the analysis by using kinds of bullying by Farrington and Ttofi. Afterwards the researcher classifying the data based on Farrington and Ttofi's kinds of the bullying. Third, the researcher also analyzing the impacts of bullying experienced by Daelyn Rice as the object of the analysis by using theories of impacts of bullying by Sejiwa. Last, the researcher classifying the data based on Sejiwa's impacts of the bullying.

RESULTS AND DISCUSSION

This chapter discusses the kinds of bullying experienced by Daelyn Rice by using theories of kinds of bullying by Farrington and Ttofi, then the researcher analyzes the impacts of bullying experienced by Daelyn Rice according to impacts of bullying by Sejiwa's theory.

Kinds of Bullying Physical Bullying

According to Farrington and Ttofi (2010, p. 8) Physical bullying have been recognized of the following kinds: including hitting, kicking, tripping, pinching, and pushing or damaging the property of another person.

Jennifer Jessica keeps **pushing** me, nudging me, pressing her shoulder against mine. I want to tell her to cool it. Then the other girl on the left side of me starts doing the same thing. (Page 76)

From that statement showed us that she has physical assault by her friend named Jennifer Jessica when she was in chorus rehearsal. Daelyn get push, nudge and press on her shoulder. This shows that Daelyn has experienced direct bullying that is physical bullying.

The janitor's door was open and when I peeked in they **shoved** me inside and the steel door clanged shut. It locked automatically.

(*Page 111*)

From that statement showed us that she has physical assault by her friends. She was shoved when she looks inside through the door. This shows that Daelyn has experienced direct bullying that is physical bullying.

Then for no reason, she kicks me in the leg. (Page 194)

Furthermore, we can see another statement "she kicks me in the leg." that statement showed us that she has physical assault by her friends named Jennifer Jessica. She kicks Daelyn's leg for no reason. This shows that Daelyn has experienced direct bullying that is physical bullying.

Verbal Bullying

According to Farrington and Ttofi (2010, p. 8) Verbal bullying have been recognized of the following kinds: including name-calling, insulting, teasing, intimidating, making homophobic or racist remarks, or verbally abusing another person.

One went, "Shit. It's that weird deaf chick."

(Page 11)

"Shit. It's that weird deaf chick." that statement showed us that she has verbal harassment by her friend when she was emerged from the toilet. Daelyn get name calling weird deaf chick. This shows that Daelyn has experienced direct bullying that is verbal bullying.

One girl from my class said, "Ew, you stink" and they all backed away from me. (Page 100)

We can see another statement "One girl from my class said, "Ew, you stink" that statement showed us that she has verbal harassment when she is in the class. Daelyn get verbal insulting.

"Ew, you stink". This shows that Daelyn has experienced direct bullying that is verbal bullying.

He squeezed so hard it hurt. 'Toomey, you said you wondered what **a fatty paddy looks** like naked.' At the sink, Toomey eyed me up and down. (Page 98)

From that dialogue showed us that she has verbal harassment by Toomey's gang when she was surrounded by Toomey's gang in the boy's restroom. Daelyn get verbal abusing when he said "Toomey, you said you wondered what a fatty paddy looks like naked". This shows that Daelyn has experienced direct bullying that is verbal bullying.

They come up behind me and go quack quack, waddle waddle. (Page 111)

From that statement showed us that she has verbal harassment when Boys jostle her in the hall. Daelyn get teasing and name calling, they come up behind her and said "quack quack, waddle waddle" This shows that Daelyn has experienced direct bullying that is verbal bullying.

Psychological or Social Bullying

According to Farrington and Ttofi (2010, p. 8) Psychological or Social bullying have been recognized of the following kinds: designed to harm another persons' social

reputation and/or cause this person humiliation, including lying and spreading rumours, hurtfully mimicking behaviour, playing nasty jokes designed to cause embarrassment and humiliation, damaging someone's social reputation or social acceptance, encouraging others to socially exclude another person, mobbing, and making negative facial or physical gestures, menacing or contemptuous looks, towards another person.

When we got there, no one was home. Behind the window a bunch of girls were pointing and laughing at me. (Page 56)

From that statement showed us that she has nasty jokes by her friends when she was in fourth grade. Daelyn get lied by her friends because she has invited to the party, but when she got there no one was there. This shows that Daelyn has experienced indirect bullying that is social bullying.

People laughed and pointed at me. That boy had put a whoopee cushion on my seat. (Page 68)

From that statement showed us that she has nasty jokes by her friends when she was sat on her seat after gymnastic class. Daelyn get embarrassment because that boy had put a whoopee cushion on her seat and people laughed and pointed on her. This

shows that Daelyn has indirect bullying that is social bullying.

Suddenly I was **surrounded** by Toomey's gang. They pushed me in through the door.

(Page 97)

We also can see another statement "Suddenly I was surrounded by Toomey's gang. They pushed me in through the door." that statement showed us that she has surrounded by Toomey's gang. Daelyn was mobbed. This shows that Daelyn has indirect bullying that is social bullying.

Toomey is there, talking to my teacher.

"Her." He points. "She was in the boys' bathroom. I've seen her in there before hiding in the stall to watch us guys take a piss. She's a perv." (Page 100)

He points. "She was in the boys' bathroom. I've seen her in there before hiding in the stall to watch us guys take a piss. She's a perv." That statement showed us that her social reputation was damaged because Toomey lying and spreading rumours about her. This shows that Daelyn has indirect bullying that is social bullying.

In unison, they form L's on their foreheads with their fingers. (Page 121)

"they form L's on their foreheads with their fingers." that statement showed us that she

has negative physical gestures by her. Daelyn get embarrassment because her friends making negative physical gestures, that is made form L's for size on their foreheads with their finger. This shows that Daelyn has indirect bullying that is social bullying.

Impacts of Bullying

Academic Impact

This refers to the impact that affects the victim's academic activities and achievements, such as: Poor learning achievement, difficult concentration in learning, skipping school or quitting until school phobia.

I cried every night. "I don't want to go to school," I told Mom and Dad. I begged them to let me stay home. Mom said, "You have to go to school. It's the law." (Page 33)

From that statement showed us that she has academic impact. She cried every night because she doesn't want to go to school and begged to her parents to let her stay home. This shows that Daelyn has academic impact that is skipping school or school phobia

They had to hear my incessant plea: "I don't want to go to school. Please don't make me."

Day after day. Year after year. "Please don't make me go." (Page 70)

We also can see another statement "I don't want to go to school. Please don't make

me." or "Please don't make me go." That statement showed us that Daelyn has academic impact. She begged to her parents to not make her to go to school day after day, year after year. This shows that Daelyn has academic impact that is skipping school or school phobia.

We get our tests back in econ and **I got a D-.**A red scrawl under the grade reads: See me
after class. (Page 74)

From that statement "We get our tests back in econ and I got a D-." showed us that Daelyn has academic impact. She got a D-score for economy test. This shows that Daelyn has academic impact that is poor learing achievement.

Social Impact

This refers to social life of someone and how to socialize and adapt each other, for example: Shy, isolated, passive, not confident and difficult to get along.

"Hey, you're out early. What is it, Debutante Day?" Green Boy plops down next to me on the bench. Too close. My arms press to my sides. He inches closer. I shoot him a fiery glare. "Yikes!" He slides back an inch. "If you want me to go, just say so." (Page 18)

From that statement showed us that Daelyn has social impact. When Santana talked and come to her and sit next to her, she shoots him a fiery glare. This shows that

Daelyn has social impact that is difficult to get along.

He reaches into his back pocket and pulls out my book. Handing it to me, he says, "An enjoyable read. I want to know what happens in the first two hundred pages, though. Why are you tearing them out?" I don't take the book, and I don't answer. (Page 51)

From that statement showed us that Daelyn has social impact. When Santana talked to her and give her book, she doesn't take the book and don't answer Santana's question. This shows that Daelyn has social impact that is passive.

They were embarrassed by me, their sick, fat, psychotic creation. (Page 88)

Another social impact can be seen in this statement "They were embarrassed by me, their sick, fat, psychotic creation." That statement showed us that she is not confident with herself. She thinks her parents embarrassed by her because she is sick, fat and psychotic. This shows that Daelyn has social impact that not confident.

Psychological Impact

This refers to bad mental condition of someone who get bullied, such as: moody, depressed, revenge, eager to escape even suicide.

While I was slitting my wrists, I said to God, "Take me. Please. Deliver me from evil."

When God didn't, it made me question my faith. What little I had. (Page 114)

From that statement "I was slitting my wrists" showed us that she tried to suicide by slit her wrists. She hopes God take her, deliver her from evil. This shows that Daelyn has psychological impact that is suicide.

How will you get to the light? Maybe I'm overthinking it. They want to know my method. Way to Go. I key in, "Drowning."
(Page 114)

Another suicide can be seen in this statement *I key in, "Drowning."* That statement showed us that she wants to suicide by drowning herself. When the website asks the way, she kill herself. She typed drowning. This shows that Daelyn has psychological impact that is suicide.

I key quickly, "i drank ammonia and bleach so i could die. r u happy now?" (Page 183)

She replies Santana's message "i drank ammonia and bleach so i could die" from that statement we can see another way that she already tried to commit suicide because she can't hold her pain and her misery since she has been bullied, that is drank ammonia and bleach. This shows that Daelyn has psychological impact that is suicide.

Physical Impact

This refers to the impact that affects the victim's physic and condition of the victim's body, such as: Painful, easily anxious, looking unhealthy, avoiding eye contact, body language indicates self-esteem.

The white boy watches me. I don't make eye contact. Not with him. Not with anyone.

(Page 33)

From that statement "I don't make eye contact. Not with him. Not with anyone." showed us that she has avoiding eye contact with the boy or with anyone. This shows that Daelyn has physical impact that is avoiding eye contact.

Mom adds, "She's adjusted nicely to her new school. At least, that's my impression. Am I wrong?" She arches her eyebrows at me. I don't look at her. I can't. (Page 36)

Similar physical impact in that statement showed us that she has avoiding eye contact. Daelyn don't look at her mom when mom asked and arched her eyebrows at her. This shows that Daelyn has physical impact that is avoiding eye contact.

CONCLUSION

Analyzing the data on the novel By *The Time You Read This I'll be Dead* used kinds of bullying theory by Farington and Ttofi, the researcher can arrange some conclusions.

Daelyn Rice has three kinds of bullying experienced. Thus, there are physical bullying that are pushing and kicking. Verbal bullying, that are name calling, insulting, teasing, and verbal abusing. Psychological or social bullying, that are lying, spreading rumours, playing nasty jokes, mobbing, and making negative physical gesture.

Afterwards, Daelyn Rice has four impacts of bullying experienced. Thus, there are Academic impact that are skipping school or school phobia and poor learning achievement. Social impact that are passive, not confident and difficult to get along. psychological impact that is suicide. Physical impact that is avoiding eye contact.

REFERENCES

Donnellan, C. (2006). *Bullying*. Educational Publishers Cambridge.

Farrington, D. P., & Ttofi, M. M. (2010).

School Bullying: Risk Factors,

Theories and Interventions. Handbook of crime.

Farrington, D. P., & Ttofi, M. M. (2010). "Effectiveness of school-based programs to reduce bullying: a systematic and meta-analytic review" *Springer Science*, 7, 27–56

Peters, J. A. (2010). *By The Time You Read This I'll be Dead*. New York: Disney Hyperion.

Primartantyo, U. (2014). Boy Dead After School Bullying. Retrieved from https://en.tempo.co/read/580537/bo

- y-dead-after-school-bullying27 on July 19, 2019
- Rachmawati, K. (2014). Mental Bullying and It's Impact to Victoria Dawson in Danielle Steel's Big Girl. *Skripsi*. Surabaya State University. Surabaya
- Sejiwa.org. *Dampak Bullying Bagi Korban*.

 Retrieved from sejiwa.org/a-z/ on

 March 7, 2019
- Suciati, A. T. (2017). Protest Against Child Bullying in Rainbow Rowells"

- Eleanor adn Park (2013): A Sociological Perspective. *Skripsi*. Universitas Muhammdiyah Surakarta. Surakarta.
- Webster's New World Dictionary and Thesaurus (Second Edition). (2002). Webster's New World.
- Wahyuningsih, I. S. (2017). Bullying Reflected In Okky Madasari's Bound. Skripsi. Universitas Muhammadiyah Surakarta. Surakarta.