# JUNGIAN CONSCIOUS AND UNCONSCIOUS PSYCHOLOGICAL TYPES OF MEILIN "MEI" LEE IN TURNING RED MOVIE

# TIPE KEPRIBADIAN SADAR DAN TIDAK SADAR JUNGIAN MEILIN "MEI" LEE DALAM FILM *TURNING RED*

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## Abstract

Every human has psychological conditions including personality types, and it is said that fictional characters are reflections of actual people. This research aimed to find a fictional character named Meilin "Mei" Lee's conscious and unconscious personality types. This research used Meilin "Mei" Lee as an object of the research and the Turning Red movie as the source data with its action and dialogues done by the characters as the primary data. To find Meilin "Mei" Lee's personality types, this research used the psychological types theory proposed by Carl Jung and the qualitative descriptive method to describe the findings. The result showed that out of 8 types, Meilin "Mei" Lee has 7 conscious psychological types with a total of 28 data found within the movie. 3 data of extraverted thinking type, 6 data of introverted thinking type, 2 data of extraverted feeling, 4 data of introverted feeling, 7 data of extraverted sensation type, 3 data of introverted sensation type, 3 data of extraverted intuition type, while the introverted intuition type counts as her unconscious type.

Keywords: Jungian psychological types, personality types, psychological types

## **Abstrak**

Tipe kepribadian merupakan salah satu kondisi psikologis yang dimiliki setiap manusia, dan dikatakan bahwa karakter fiksi adalah cerminan dari manusia. Penelitian ini bertujuan untuk menemukan tipe kepribadian sadar dan tak sadar seorang karakter fiksi bernama Meilin "Mei" Lee yang berasal dari film Turning Red. Penelitian ini menggunakan Meilin "Mei" Lee sebagai objek dan film Turning Red sebagai sumber data dengan aksi dan dialog para karakter sebagai data primer. Untuk menemukan tipe-tipe kepribadian Meilin "Mei" Lee, penelitian ini menggunakan teori tipe psikologis milik Carl Jung dan metode kualitatif deskriptif untuk menjelaskan temuan dari penelitian ini. Hasil dari penelitian menunjukkan bahwa Meilin "Mei" Lee memiliki 7 dari 8 tipe kepribadian sadar dengan total 28 data. 3 data untuk extraverted thinking type, 6 data untuk introverted thinking type, 2 data untuk extraverted feeling, 4 data untuk introverted feeling, 7 data untuk extraverted sensation type, 3 data untuk introverted sensation type, 3 data untuk extraverted intuition type, sedangkan introverted intuition type tergolong sebagai tipe psikologis tidak sadar Meilin "Mei" Lee

Kata kunci: Jungian, tipe-tipe kepribadian, tipe psikologi, tipe-tipe psikologis

#### Introduction

Starting from its emergence in the 1890s, movies have been constantly being produced ever since. Based on Looking at Movies (Barsam & Monahan, 2019) a movie is a series of still pictures that move rapidly that it deceives our eyes into thinking of it as a fluid movement. Today, there are many movies' people can watch, whether played by actual people or animated. The genre of it has a wide range too, making it all the more fun to watch and one of the good ways to spend leisure time. Although there are numerous of them, movies have never omitted their fundamental parts which include plot, characters, characterization, setting, etc. As mentioned previously, movies will always have characters that according to Burhan Nurgiyantoro (2018)are the artificially made actors of their fate in a story. Characters can be in form of people, animals, or creatures which depend on the story it tells. To make the movie more appealing, the characters within it will be made as diverse and as reflecting to real people as possible. This diversity in a character can be called as characterization which means the traits or attitudes owned by the characters defined by the audience.

Even though characters in a movie are made from the creator's imagination, they are created to mimic those of actual humans

as perfectly as possible while still adhering to the story. Thus, a high chance of actors in the movie possessing different characteristics that include as their characterization. To analyze the characterization of a character, it can be done through various approaches, one of them being the psychological point of view. As previously said, fictional characters are created similarly to humans, meaning they also possess psychological conditions that, among many, is the personality types. This research uses one of the personality types theories that is the psychological types theory proposed by Carl Gustav Jung to find the conscious and unconscious psychological types of the main character of Turning Red whose name is Meilin "Mei" Lee.

defined by Carl Jung (2017),psychological types attempt to classify people by their habitual behavior which is affected by personal preferences and the environment surrounding the individual. Although the psychological types are placed in the consciousness of a human, the unconscious type(s) do co-exist within the human psyche. Referring to Sharp (1987), the most used and preferred type(s) of an individual is placed on the consciousness, meaning the individual along with people around him/her can recognize it immediately, whereas the less preferred, undeveloped, and hard to notice type(s) of a person is placed on the unconsciousness. Further, Jung (in Feist &

Feist, 2008) stated that every human carry two of the attitudes, extraverted and introverted, and the four functions, thinking function, feeling function, sensation function, and intuition function. However, only one pair of attitude and function will be the dominant making the typology of personality comprised of eight types which are extraverted thinking type, introverted thinking type, extraverted feeling type, introverted feeling extraverted type, sensation type, introverted sensation type, extraverted intuition type, and introverted intuition type.

Explained briefly, Carlson and Levy (1973) wrote that extraverts focus on objects, on the external world while it is the opposite for introverts. To further distinguish both attitudes from the exterior, the two can be differentiated through the preferred action people from each attitude take. The following are some of the characteristics of people with each attitude with extraverts being objective, sociable, and expressive, while introverts are usually seen as being subjective, closed off, and composed (Myer, 1998). As for the functions, Harrington & Loffredo (2010) explained that thinking function tends to be analytical, and detached from their feelings when making a decision, while feeling function is more emotion driven (Suinn, 1966). Other than that, based on Hirsch & Kummerow (in Cunningham, Thach, & Thompson, 2007), the sensation function means gathering information based on the five senses; seeing, touching, hearing, tasting, and smelling, whereas the intuition function means gathering information by picking up patterns and relying on intuitive hunches (Thomas, Buboltz, & Winkelspecht, 2004). Below is the explanation of each type to gain a better understanding of each of them:

The first function, but does not mean superior to other functions, is the thinking function. The thinking function includes extraverted and introverted thinking types. According to Semiun (in Zhanen, 2018), people who have the extraverted of this type rely on facts provided by the outside world, are objective, and live strictly in accordance with society's rules, which his point agrees to what Jung said regarding the characteristics of extraverted thinking type in Psychological Types. As for the introverted thinkers, they are people who recognize the facts presented to them, realize the society's thought but still follow their own rule, sometimes they also use the facts to support their theory and like to theorize things (Jung, 2017).

Then, the feeling function which comprises of extraverted feeling type and introverted feeling type. In *Psychological Types* (Jung, 2017), it is said that the extraverted feeling type is similar to the extraverted thinking type, they also refer to

society, only that here everything is felt, ruled by emotion, while there everything is thought. Hence, the occurrence of extraverted feelers spoke out terms that contain feeling by looking at society's opinion, they also pursue harmony between people. On the opposite side, Schultz and Schultz (in Sausan, 2021) stated people with introverted feeling type are people who have a deep emotion and are controlled by their moral value that has feeling in it. Since introverted feelers have such a deep emotion, as Jung (2017) said in his book, they might have a sudden outburst when approached wrongly.

Another function is the sensation function. The first of the two branches of the sensation function is the extraverted sensation type which Schultz and Schultz (2017) said has a meaning of those who are dominant of this type always seek new experiences they gathered through their five senses and savor the moment right at that time, while the introverted of this type, as stated by Haas and Hunziker in *Building Blocks of Personality Type* (2006), are those who gather information by their senses and decide what to do with it by comparing it with their similar past experience.

Last but not least, the intuition type. Just like other types, the intuition type also has two branches, the extraverted type, and the introverted type. Burns (2019) said that the

extraverted of this type means they like to see possibilities of a situation and only stops at the patterns given by the external world whereas for the introverted type, it means the same but they see the possibilities through their past memories (Jung, 2017).

The object of this research is Meilin "Mei" Lee, the main character of an animated movie titled Turning Red. A little background on the distributor of the movie, Walt Disney. The studio is the one that perfected the art of sound cartoons which requires the studio to study two-dimensional animation, one that is done manually, or by hand. The first success they achieved in animated movies was with Snow White and the Seven Dwarfs (1937) (Cavalier, 2011). Now, much time has passed and animation is occasionally done by hand and more often through the computer, which has the name of three-dimensional animation. With the help of Pixar Animation Studio, Turning Red becomes one of the latest animated movies Walt Disney Studio released. The Turning Red movie first comes out at March 11, 2022 on Disney+ and Disney+ Originals without being played at the theater firsthand, as for countries that do not have access to the platforms, Turning Red can be watched in the movie theater. Turning Red talks about the life of a 13-year-old Asian kid who has a hereditary 'blessing' that affects the women of her family. The movie starts with the protagonist as a normal kid, but as the movie progresses, she turns into a red panda. At first, she despises her condition so much that she cannot wait for the ritual to separate the panda patiently. However, later on, she finds out that she is fond of her panda and decides to keep it with her.

To show the novelty of this research, from this point on, the researcher will provide previous researches and show the differences between this research with each of the previous researches. The first previous research is titled "Personality Traits of Frederict Backman's Novel A Man Called Ove" (2018). The similarity between the first research and this research is placed on the usage of Carl Jung's psychological theory. However, the first previous research focused only on the attitudes of the psychological types which are introversion and extroversion of Ove, meanwhile this research focuses on the conscious and unconscious psychological types, which comprises of both attitudes and functions, of Meilin "Mei" Lee who is the main character of *Turning Red* movie. Other than that, the data of both researches came from different sources, while the first research obtained the data from a novel, this research's data come from a movie.

Then, "Tipe Kepribadian Ekstrover Dalam Novel Seri Anak: Kajian Psikologi Carl Gustav Jung" (2019) which becomes the second previous research. The similarity between this research with the second previous research is that both uses Carl Jung's psychological types theory. However, the second previous research stopped at only finding the characters' extraverted types whereas this research includes introverted types alongside the extraverted types as well as looking into the conscious and unconscious types of Meilin "Mei" Lee. Furthermore, the data sources are different with the second previous research being from a novel while this research is from a movie.

Next, is research titled "Kepribadian Introvert Tokoh Chen Nian Dalam Film Better 《少年的你》 Karya Derek Tsang" Days (2020). While both of the researches' used the same theory and the data came from a movie, the third previous research stopped at only finding introverted psychological types of Chen Nian, while this research went further into the extraverted and introverted types of Meilin "Mei" Lee as well as finding her conscious and unconscious psychological types. Also, the third previous research tried to find the cause Chen Nian preferred introversion attitude, while this research does not aim to find the cause Meilin "Mei" Lee's preference in using the types.

The fourth previous research's title is "Jung's Psychological Types and Characterisation in Alex La Guma's Literary Works" (2020). The fourth previous research focused on the psychological types of two novels of Alex La Guma, while this research,

though similar, aims to find the conscious psychological types of Meilin "Mei" Lee, who is a character, also her psychological types that is placed on her unconsciousness. Other than that, the fourth previous research used only two psychological types namely extraverted feeling and introverted feeling types, whereas this research covers every type Jung proposed. Also, the fourth previous research's data came from a novel while this research's data come from a movie.

Lastly, the fifth previous research which titled "A Study on the Distinction Between Extrovert vs Introvert in Learning English" (2021) which is the title of the fifth previous research. The differences between the fifth previous research with this research lay on the object, where the previous research used an actual human, this research uses a fictional character. Other than that, although both researches used Carl Jung's psychological types theory, the fifth previous research stopped at the attitudes, introverted and extroverted students, while this research dig deeper into the functions, types, and the conscious as well as the unconscious psychological type of a fictional character.

#### Method

This research uses Meilin "Mei" Lee as the object of the research and *Turning Red* movie as its source of data with the dialogue of the

characters and actions done by Meilin "Mei" Lee as the primary data. The method used in this research was the qualitative descriptive method as the researcher intended to look into the dialogue and actions done by Meilin "Mei" Lee in Turning Red movie. In Research Design: Qualitative, Quantitative, and Mixed Methods Approaches (Creswell & Creswell, 2018), it is stated that the qualitative method relies on text and image data. It involves the intention of the qualitative research, telling the role of the researcher, analyzing the data through multiple layers of analysis, and mentioning the ways of documenting the collected data, whereas the descriptive method is to describe the findings as it is. The method to collect the data includes downloading Turning Red movie, watching the movie twice and more to gain a better understanding of the movie, and taking notes on scenes Meilin "Mei" Lee shows her which determines judgment her psychological types.

As for analyzing the data, the techniques include identifying the decisions taken by "Mei" Meilin Lee that signify her the psychological types, matching psychological types' characteristics with the scenes where Meilin "Mei" Lee shows her judgment through action and/or dialogue uttered in the movie, finding Meilin "Mei" Lee's conscious psychological types through the scenes that carry the characteristics between the eight psychological types and describing the characteristics found in the scene, finding the unconscious psychological type of Meilin "Mei" Lee's psychological types, drawing conclusion from the result found.

## **Result and Discussion**

The following data show the result of the research that has been conducted to find Meilin "Mei" Lee's psychological types. Throughout the movie, Meilin "Mei" Lee shows 7 out of 8 psychological types proposed by Carl Jung. To make the data easily comprehended, below is a table to show her exhibited psychological types in *Turning* 

Table 1. Psychological Types Within Meilin "Mei" Lee in Turning Red

| No.   | Psychological Type    | Frequency |
|-------|-----------------------|-----------|
| 1.    | Extraverted Thinking  | 3         |
| 2.    | Introverted Thinking  | 6         |
| 3.    | Extraverted Feeling   | 2         |
| 4.    | Introverted Feeling   | 4         |
| 5.    | Extraverted Sensation | 7         |
| 6.    | Introverted Sensation | 3         |
| 7.    | Extraverted Intuition | 3         |
| Total |                       | 28        |

Based on the table 1, Meilin "Mei" Lee shows her extraverted thinking type in 3 scenes, introverted thinking in 6 scenes, extraverted feeling type in 2 scenes, in 4 scenes show her introverted feeling type, her extraverted sensation type in 7 scenes, introverted sensation type in 3 scenes, her extraverted intuition type in 3 scenes, and none of the scenes in the movie shows Meilin "Mei" Lee uses her introverted intuition type.

## 1. Extraverted Thinking Type



Picture 1. Datum no. 6 (14:41 – 14:54)

Dialogue:

Mei: You're her pride and joy. So, act like it.

Mei: This will never happen again.

In picture 1, Mei is seen showing some of the characteristics of extraverted thinking which are capable to think logically and ignoring her feeling for the greater good. The first characteristic can be seen more clearly by seeing the facts in the scene first which are the hope her mother have on her and her own embarrassment, yet she still chooses to follow what the society said which is to obey and make both parents happy. Other than that, it is logical because she will not bring any embarrassment to her mother or Devon anymore, and more importantly to herself. Another characteristic is seen through the dialogue of, "This will never happen again" which indicates no matter how much she likes to draw Devon, she will not do it again, thus the capability to dispose her enjoyment for her mother. Looking back to the characteristics of people with extraverted thinking type, they rely on the facts given by the external world, are objective, and following the society strictly. Since Mei decides to be objective by considering the facts presented to her and ended up following society's belief that is to do the right thing which in this case means obeying her mother and disconnecting from her own desire, thus Mei is showing her extraverted thinking as she has the characteristics of the type in this scene. In this scene, first and foremost, Mei was being an extrovert.

Seeing the first previous research, "Personality Traits of Frederict Backman's Novel *A Man Called Ove*", the researcher stated that extroverted people are focused on external world with ethics and morals

built depending on what already exist in the external world (Chintya, 2018). Similarly, Fitri (2021) said that extraverted people's thoughts are influenced by the society. Although the first and the fifth previous research did not have a data of Ove with those characteristics and did not look too deeply into the students' personality, Mei indeed showed it in this scene. She did not make a decision based on her own thinking, hence not focusing on her internal world, and making a decision by following an established moral in the external world which is to obey your mother, thus meaning her thought is influenced by society. Moving on to a more focused aspect, extraverted thinking type, the finding in the second previous research, "Representasi Kepribadian Ekstrover Dalam Novel Anak: Kajian Psikologi Carl Gustav Jung", is similar to what was found in Mei. The researcher of the second previous research stated that one of the characteristics of extraverted thinking are objective, and the character Cher in *Little* Ballerina is objective as she said that those who write a diary can only tell stories to a book. The researcher of the second previous research considers this to be objective as writing a diary is in fact only telling stories to a book not to friends (Zhanen, 2019). In this scene, Mei is also being objective by deciding what has to be done through following the society's thought and putting aside her feeling

## 2. Introverted Thinking Type



Picture 2. Datum no. 5. (14:22 - 14:33)

#### Dialogue:

**Mei**: You sicko! What were you thinking? Mei: Why would you draw those things? **Mei**: Those horrible, awful, sexy things? Mei: It's fine. You'll move to another city,

change your identity.

By the dialogue of "It's fine. You'll move to another city, change your identity", it is clear that Mei is following her own way of thinking, which favors herself alone, as she starts theorizing something which results in her planning an escape. The characteristics of people with introverted thinking type are they realize the facts presented by the outer world to them but decided to follow their own way of thinking, other than that, they also like to use the facts to support their theory. Looking back, the facts shown before this scene are her mother confronted Devon and she felt humiliated as her mother was scattering drawings of Devon and her made by herself in front of him, to add salt to the wound, everyone in the mart also saw it and laughed at her. Her decision upon realizing the facts however is to use it to back up her theory that she would not be able to live peacefully ever again and began constructing a plan to flee. Combined together, she uses the facts to support her theory and the subjective decision of a plan to leave Toronto is the fruit of her introverted thinking type.

Being an introvert, Mei is subjective or, in other word, only interested in her feelings or thoughts (Chintya, 2018) as said in the first previous research which Fitri (2021) from the fifth previous research, "A Study on the Distinction Between Extrovert vs Introvert in Learning English", agrees on its definition. In one of the first previous research's finding, Ove as an introvert also simply interested in his feelings or thoughts as he expressed his dislike about a certain person in the story. Mei in this scene also cares only about her feelings or thoughts, moreover thoughts, as she thought she will keep being humiliated by everyone who sees her drawing of Devon with her. As per the characteristics introverted thinker have, the researchers of the third previous research, "Kepribadian Introvert Tokoh Chen Nian Dalam Film Better Days 《少年的你》 Karya Derek Tsang", go

with the same idea that people with introverted thinking type give meaning to facts based on their own interpretation like one of the characteristics' introverted feelers have. In the result of introverted thinking in the third previous research, Chen Nian thought by accepting Wei Lai's offer, she might become the next victim of Wei Lai's

pressure (Dhiyan & Mamik, 2020). The assumption Chen Nian has over Wei Lai's offer of course only based on her own thinking, this goes the same with Mei who thought that she will be humiliated for the rest of her life if she stays, and decides to plan an escape to avoid what she thinks to be true.

## 3. Extraverted Feeling Type



Picture 3. Datum no. 21 (53:35 – 54:19)

Dialogue:

Miriam: Are you feeling, okay?

Mei: (Sighs) Guys, it's hard to explain, but

just, hmm... Just trust me on this. **Mei**: I can't panda any more. I'm sorry.

Miriam: Okay, okay, okay. It's fine. You don't have to do it. We'll just, uh, figure

something.

Priya: I won't go.

Mei: What? Priya, you can't not go. Jesse's

your soul mate.

**Priya**: But we only have enough for three

tickets.

**Abby**: Then, I'll stay home. **Mei**: Abby, no! I'll stay home.

Miriam: Guys, if we can't all go, then none of

us should go, right?

**Mei**: Just one last time.

Mei cannot, or should not to be precise, turn into panda any more. She finds out from her grandmother that the more the panda shows up the more uncontrollable it will eventually become which prone to ritual failure. Miriam tried to calm her down by saying that they will find some way to have enough money to go to the concert, but to only start a row of volunteers saying that they will not go to the concert just for the rest three to go. Mei felt frustrated seeing her friends become sad upon the imagination of not watching the concert, and her extraverted feeling type shows up after, she decided to risk it all to make everyone happy. Mei becomes one of the extraverted feelers in this scene since she follows what the society felt to be correct that is not letting anyone down, not her mother, her family, her friends, and also Tyler, she also obviously tries to pursue harmony between everyone which is another one of the extraverted thinking type characteristics. Mei tries to

obey the family rules by showing up at Tyler's party not in her panda form but still a panda nonetheless, she also tries to find a solution to her and her friends' problem by suggesting herself not to go and eventually risking the ritual by turning into the panda, lastly, she tries to make Tyler happy by finally giving him what he wants. She does everything she can even though it puts her at risk once she takes a choice it might fail another party whom she does not want to fail.

From the first previous research, Chintya (2018) stated that the extraverts' morals follow what the society said. In the fifth previous research, it is also said that extraverts' thought mostly follow the society (Fitri, 2021). Though neither of the two previous researches have any findings that shows either Ove or the students following what the society said, Mei here does follow what the society deem to be correct of not letting anyone get disappointed and even

went further trying to bring harmony between everyone. Then, focusing on her type, the extraverted feeling type. In the second previous research, it is said that extraverted feelers obey rules applied within the society (Zhanen, 2019) which includes to one of extraverted feeling type characteristics. The researcher of the second previous research did not find either Cher or Yeo Rin to have this characteristic, but Mei did show this characteristic of extraverted feeling type. Just like what has been said previously, Mei follows what the society feels to be correct which is making everyone happy and not get disappointed by her act. Other than that, Garuba (2020) stated that extraverted feelers follow the traditional or generally accepted values which in this scene, Mei did. She follows the existing values by doing what her mother, friends, and Tyler wanted and keeping everyone from any form of disappointment.

## 4. Introverted Feeling Type



Picture 4. Datum no. 13 (39:58 – 41:33)

Dialogue:

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Miriam: Calm down, Mei. **Priya**: Dude, keep it together.

**Mei**: I can't. We need to see this concert. **Mei**: Why doesn't my mom get that? I never

ask for anything.

Mei: My whole life I've been her perfect little

Mei: Temple duties, grades...

Abby: Violin!
Priya: Tap dancing.

Mei-Mei.

Mei: Yeah. We've been so good.

Mei: If they don't trust us anyway, then

what's the point?

Miriam: Wow! Who are you? I love it!

Abby: Fight the power!

Mei: Yeah. Yeah. This isn't just our first

concert.

**Mei**: This is our first step into womanhood.

And we have to do it together.

After being expelled from the field by her P.E teacher for causing danger to other students, Mei suddenly rants in the school bathroom after being asked to calm down. She exclaimed that what she has done ranging from applying to classes to having good grades is to make her mother proud. Then, she questions how useless it is if she and her friends have done everything to make their parents happy but are still unable to win their trust. This scene shows Mei utilizing her introverted feeling type because she stands on her moral value which contains her feeling in it. Remember that she really likes 4-Town, so it is clear that she has some sort of attachment toward them and will be willing to risk everything for them, she even intended to keep going to the concert even if that contradicts to what her mother says as shown by the dialogue, "This isn't just our first concert. This is our first step into womanhood. And we have to do it together". This scene also shows the leftover effect from her mother's prohibition which inflicts her into having an outburst of feeling when approached wrongly. Thus, the exhibition of Mei's introverted feeling type as she fulfills both characteristics of making a decision based on their own feeling, and having an outburst upon approached wrongly in this scene.

Stated in the first previous research introverts focus only on their own thoughts and feeling (Chintya, 2018). In one of the findings of the first previous research, Ove focuses only on his feeling and even orienting his behavior by what he feels which was insulting and glaring a certain person from the story. Within this scene, Mei also focuses only on her feeling which was planning to disobey her mother by going to the concert because she really likes 4-Town and dislikes her mother's restriction. Focusing further, the introverted feeling type. From the third previous research, the researchers stated that introverted feeling people experience a strong force of emotion, like an outburst, which includes as one of the introverted feeling type's characteristics. They found that Chen Nian kissed Bei Shan without thinking further and even any consent from Bei Shan.

As the researchers explained in their research, this was resulted from the situation Chen Nian currently facing, forcing her to kiss Bei Shan in order to save him (Dhiyan & Mamik, 2020). Similarly, the sudden outburst of feeling Mei experiences was because she really likes 4-Town and could not accept the fact that the possibility of her going to watch 4-Town is slim due to her mother's

restriction. Another characteristic introverted feeling type has is that they follow their own subjective value that has their emotion within (Garuba, 2020). This scene shows Mei doing exactly what was defined to be an

introverted feeler by forcing herself to watch the 4-Town concert despite her mother not allowing her to attend the concert merely because she likes the group.

## 5. Extraverted Sensation Type



Picture 5. Datum no. 3 (08:30 – 09:03)

Dialogue:

**Ming**: Our family runs one of the oldest temples in Toronto. And the most unique.

**Ming**: Instead of honoring a god, we honor our ancestors.

Mei: And not just the dudes either.

Ming: Our most revered ancestor, Sun Yee, was a scholar, poet, and defender of animals. She dedicated her life to the creatures of the forest. Especially the red panda

**Mei**: Ta-da!

**Tourists**: Which she loved for its fiery coat and mischievous nature.

**Ming**: Ever since, the red panda has blessed our family with good fortune and prosperity...

Mei: And it can bless yours, too!

In this scene, Mei is seen assisting her mother giving a tour to visitors through the temple her family owns. Many different people come and go across the scene, yet Mei always has her smile plastered on her face and is cheerful while reenacting the history of her ancestors. This shows that she

is open to meeting different people and gaining new experiences throughout her life. The characteristics of people who are extraverted sensors are enjoying experiences their senses caught and focusing on only the current situation they are dealing exhibition with. Hence, the of extraverted sensing type in this scene because facing new people means facing distinct personalities and going through any struggles and excitement upon gaining new experiences through it, other than that, she only focuses on the situation at hand. As she is simply enjoying her life and gaining more experiences upon meeting new people and not comparing the past with the present like people whose dominant type is introverted sensation did, she shows her extraverted sensation type in this scene.

While being specifically an extraverted sensor in this scene, Mei is an extravert, and

through the first previous research, the researcher stated that extrovert person usually is open, friendly and outgoing (Chintya, 2018). To add, extraverts also like to get along and tend to interact with others (Fitri, 2021). Although the fifth previous research did not have any data for students with this characteristic, the result of extroversion in the first previous research did show, which was Ove being open and friendly because he was given a food by his neighbor. With this characteristic in mind, Mei also shows it which was interacting and being friendly to strangers, in this case, the guest of their temple. Focusing on the type itself, extraverted sensation type. In the second previous research, it is said that people with extraverted sensation type gather information through their five senses, and they have a cheerful personality as one of the characteristics (Zhanen, 2019). This was reflected in one of the findings of the second previous research that is Cher's is cheerful personality and gathering information through her senses moreover her seeing senses. In this scene, Mei also gathers information through her senses, seeing and hearing senses, by recognizing the tourist and welcoming them. As she enjoys the information, she becomes a cheerful person which then means she is showing her extraverted sensation type.

## 6. Introverted Sensation Type



Picture 6. Datum no. 11 (36:53 - 37:30)

Dialogue:

Mei: (Gasps) So cute! Mei: No. So fuzzy. Mei: Must resist.

Miriam: We love you, girl.

**Abby and Priya**: We love you, girl. **Miriam**: Panda or no panda. **Mei**: (Sighs) How adorable.

Mei realizes from Miriam that because she can control her panda, she has a chance to attend the concert which, obviously, Mei is tempted to try, so she asks her mother to do *Putri, Nurochman, Jungian Conscious and...* https://doi.org/10.35760/jll.2023.v111.8523

a test on her. Ming and her husband prepare a set of tests to see whether Mei indeed can keep her panda calm or at later stages, it will wreck her. The test went almost smoothly if it was not for the last two stages that prevent her from completing the test without hassle. In the second last stage, she is shown a picture of herself being second place in a spelling bee. Mei almost lost control and let

her emotions flow out, but she immediately remembers her friends and reverted back to being calm. This incident happened again at the last stage of the test. Mei is shown a box full of kittens which are said to be hard to resist and will stimulate her emotion, and she did almost let it out until her friends come into mind telling her that the love her friends hold towards her with or without the panda is all the same, and she successfully controls her emotion once again. As she gathers the information she gets at the time and looks at her past memory to find a way to face the current situation, then, Mei is showing her introverted sensation in this scene.

As Mei is being an introvert in this scene, (Chintya, 2018) said in her research that introverted people only care about their feeling and thoughts. Fitri (Fitri, 2021) also stated the same, as introverts tend to have their focus more on their thoughts and feelings. While none of the fifth previous

research has data of the students with this introvert characteristic, one of the findings in the first previous research shows that Ove feels irritated over a certain person and decides to insult and glares a certain person in the story. Though not as extreme as Ove, in this scene, Mei is considered to only care about her feeling by forcing herself to be brave to pass the test in order to convince her parents, especially her mother, into allowing her watch the 4-Town concert. However, specifically, Mei is an introverted sensor here. Based on the third previous research, it is said that one of the characteristics of people with introverted sensation type are gathering information through their five senses (Dhiyan & Mamik, 2020). This characteristic was also found in Mei who gathers information such as seeing the tests and hearing her friends' calming words which, then, brings her back to being calm again, and eventually passed the test.

## 7. Extraverted Intuition Type



Picture 7. Datum no. 10 (34:38 – 35:22)

Dialogue:

Abby: Is it gone?

**Mei**: For now. But if I get too excited, it'll

come right back. **Abby**: (Pinches her cheek) **Mei**: Ow! Abby, what the heck?

**Mei**: Huh? Something feels different. Abby, hit me.

Abby: (Punches her)

**Mei**: (Panting) Oh, my gosh! I stayed calm. Something about you guys, like, neutralizes the panda.

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Miriam: Aw! It's our love.

Priya: We're like a warm and fuzzy blanket.

Abby: Yeah.

**Mei**: This means I can have my room back. (Gasps) I can have my life back!

Mei just found out that she can control her panda through Abby hitting her. When Abby first pinches her, she was expecting the panda to come out because she did get pissed off by the sudden act, yet it never happened. Then, out of curiosity, Mei asks Abby to hit her and the outcome is something she does not expect yet she gladly welcomes it. Mei does not turn into panda even when Abby punches her and she realizes that something about her friends can neutralize the panda. Out of joy, Mei starts to think about the possibilities from the breakthrough. She said that she can have her room back, even her normal life back and this shows that she is an extraverted intuition type in this scene. The characteristic of extraverted intuition type is that it creates possibilities out of a situation, and Mei did so. Whether Mei will get her life back or not, it depends on what the future holds for her. As Mei does not look into her memory to find the possibilities of similar experiences like people with introverted intuition type, it can be concluded that Mei is showing her extraverted sensation type here.

First and foremost, Mei is being an extravert in this scene. According to the first previous research, extraverts focus solely on

the external world (Chintya, 2018). Although any findings of the first previous research do not show Ove being focused only on the external world, Mei indeed showed it in this particular scene. Mei is seen finding a possibility over a situation, that is her being able to control her panda, and only stops at seeing the possibilities of being able to have her room and her life back. This shows that Mei only focuses on what kind of possibilities could the external world give and not trying to see possibilities through her memories which would make her an introvert as she focuses on her internal world. Focusing more on to the type, extraverted intuition type. Zhanen (2019) in the second previous research stated that extraverted intuition people seek possibilities out of a situation making them a creative person. Referring to the characteristic of extraverted intuition people from the second previous research, Mei showed that she found possibilities through her being able to control her panda, that is having her room and her life back.

## Conclusion

Throughout the movie, 3 data are found to be Meilin "Mei" Lee showing her extraverted thinking type, 6 data to be her introverted thinking type, 2 data to be her extraverted feeling, 4 data to be her introverted feeling, 7 data to be her

extraverted sensation type, 3 data to be her introverted sensation type, and 3 data are found to be Meilin "Mei" Lee's extraverted intuition type, making a total 28 data of her showing her different preferences in using the types which makes them to be her conscious types. Since Meilin "Mei" Lee never shows introverted intuition in Turning Red, it can be concluded that the type is her unconscious type. With focus of conscious and unconscious psychological types of Meilin "Mei" Lee, other than filling in the gaps between researches, the result of this research is hoped to help the readers or future researcher who are interested in psychological condition of a character a better understanding at the topic as well as encouragement in researchers to understand the psychological condition of fictional characters.

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